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Natural Golf Ball Position

Wedges - Feet are about 24" inches apart, ball placed in center of body, 12 inches from left and right feet. Ball is about 19" in front of toes. You want very little lower body movement. You also want to encourage a downward striking swing. You must take at least a small divot with wedges and short irons.

Short to mid irons - about 1 - 1.5 balls ahead of center of stance; slight forward movement of lower body into ball. Need to transfer weight to inside of left foot. Ball should be about 20" in front of toes for 6-iron. You need to reach for it.

Long irons and woods - 1.5 - 2 balls ahead of center.

3 Wood - about 3 balls ahead of center. Align with left groin, just inside of left knee.

Driver - 5 balls ahead of center, about 5 inches inside left toe. Align Driver 4" behind teed ball on set up. Don't move club up to ball or you will lose proper alignment of club head, shaft, and arm. For Driver, ball is aligned just inside of left hip. Don't want to get too far forward.

Place feet about 24" inches apart (from the instep) for all irons. Your shoulders should fit within the inside of your feet as you take your stance.

Increase the width of stance to about 26" apart for woods.

Tilt right shoulder below left; just like conventional golf.

Keep head angled away from target line & behind ball.

Left foot angled about 45 degrees open to target line, right foot perpendicular to target line (can be open if you don't have enough flexibility for this to be comfortable).